



ADVENT: A SURPASSING PEACE

Philippians 4:6-7

December 4, 2022

BIG IDEA: Prayer is our pathway to peace.

THE PROBLEM OF ANXIETY (v. 6a)

Being anxious stems from a lack of trust in God. (*Matthew 6:25-32*)

We should cast our anxieties on God. (*1 Peter 5:6-7*)

THE PRACTICE OF PRAYER (v. 6b)

Forsake all sin when we come to God in prayer. (*Psalms 66:18*)

Our requests must be in line with God's will and purpose. (*Matthew 6:33*)

THE PROMISE OF PEACE (v. 7)

Peace is a gift from God that allows us to have peace with God. (*Colossians 1:19-20*)

Peace is on guard over our hearts and minds. (*1 Thessalonians 5:23*)

QUESTIONS TO PONDER

What causes anxiety in you, and how do you deal with it?

Why is prayer often a last resort rather than a first priority?