

HAPPINESS & JOY!

Luke 2:8-11

December 15, 2024

Happiness

"Happiness comes from what Happens."

Joy

"Joy comes from Jesus!"

Happiness v. Joy

Joy transcends. Happiness reacts.

Joy is a practice and a behavior: It's deliberate and intentional.

Happiness comes and goes along its way.

Joy is a fruit of the Spirit, but Happiness is not. (*Galatians 5:22-23*)

Great Joy is Christ the Lord.

How to Choose Joy

Choose Joy By surrendering to Jesus! (*Romans 10:9,10*)

Choose joy by trusting Jesus! (*Romans 15:13*)

- Reading, praying & obeying Jesus!

Believing in the promises of God.

POINTS TO PONDER:

1. What is my first step in choosing Joy?
2. Who can I introduce to Jesus this month?
3. Who am I going to bless this Christmas?